# POWERFUL PLAY:

A Teacher's Guide to Igniting Deep and Joyful Learning Across the Day



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# Great Resources to Share About The Power of Play:

Play for a Change:

http://www.playengland.org.uk/media/120519/play-for-a-change-summary.pdf

Stuart Brown Ted Talk: Play is More than Just Fun

<a href="https://www.ted.com/talks/stuart\_brown\_says\_play\_is\_more\_than\_fun\_it\_s\_vit\_al">https://www.ted.com/talks/stuart\_brown\_says\_play\_is\_more\_than\_fun\_it\_s\_vit\_al</a>

Researchers Studied Kindergarteners Behavior and Followed Up Nineteen Years Later. Here Are The Findings

http://www.upworthy.com/researchers-studied-kindergarteners-behavior-and-followed-up-19-years-later-here-are-the-findings

Play Wales Information Sheets:

http://www.playwales.org.uk/eng/informationsheets

Play As Preparation for Learning and Life: An Interview with Peter Gray <a href="http://www.journalofplay.org/sites/www.journalofplay.org/files/pdf-articles/5-3-interview-play-as-preparation.pdf">http://www.journalofplay.org/sites/www.journalofplay.org/files/pdf-articles/5-3-interview-play-as-preparation.pdf</a>

The Need for Pretend Play in Child Development:

https://www.psychologytoday.com/blog/beautiful-minds/201203/the-need-pretend-play-in-child-development

The Over-Protected Kid

https://www.theatlantic.com/magazine/archive/2014/04/hey-parents-leave-those-kids-alone/358631/

# Examples of Social Competence

For the full list visit: <a href="https://fasttrackproject.org/techrept/s/sct/">https://fasttrackproject.org/techrept/s/sct/</a>

Copes well with failure

Is a self starter

Thinks before acting

Resolves problems with peers on his or her own

Very good at understanding other people's feelings

Works well in a group

Can calm down when excited or all wound up

Shares materials with others

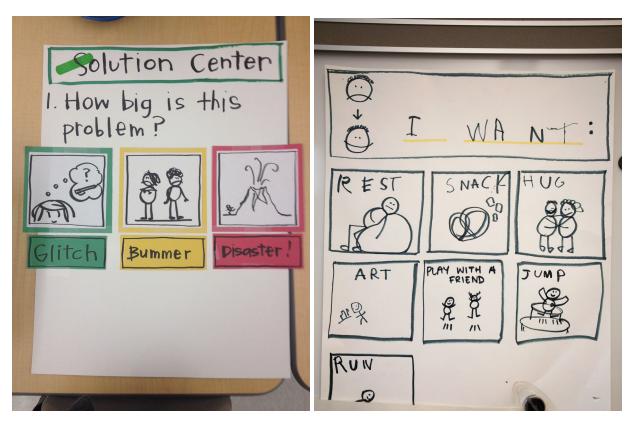
Listens to others points of view

Expresses needs and feelings appropriately

When you reflect on yourself and your children, what do you wonder?

#### Teaching Social Skills Through Play and Literacy





For more on the Problem Scale, please see Michelle Garcia Winner: <a href="https://www.socialthinking.com/">https://www.socialthinking.com/</a>

### Social Skills Worksheet:

What is the skill?

What are the strategies or steps to achieve the skill?

How will we learn and practice the strategies?

What could the visual be?

# Work/Choice Time Centers and Materials

| Recommended for Work/Choice Time | Better for <i>Other</i> Times of The Day |
|----------------------------------|--|
| Cardboard                        | Puzzles                                  |
| Loose parts                      | ipads/computers                          |
| Fabric                           | Listening center                         |
| Blocks, blocks & more blocks     | Stamps                                   |
| Art supplies (open ended)        | Sensory bins                             |
|                                  |  |



# More by Kristi Mraz:

Purposeful Play: A Teacher's Guide to Igniting Deep and Joyful Learning Across the Day

https://www.heinemann.com/products/e07788.aspx

Mindset For Learning

https://www.heinemann.com/products/e06288.aspx

Kids' First From Day One: A Teacher's Guide to Today's Classroom

<a href="https://www.heinemann.com/products/e09250.aspx#fulldes">https://www.heinemann.com/products/e09250.aspx#fulldes</a>
<a href="https://www.heinemann.com/products/e09250.aspx#fulldes">https://www.heinemann.com/products/e09250.aspx#fulldes</a>

Smarter Charts

https://www.heinemann.com/products/e04342.aspx

Smarter Charts for Math, Science and Social Studies
<a href="https://www.heinemann.com/products/e05662.aspx">https://www.heinemann.com/products/e05662.aspx</a>